

Your prayer group should have approximately 5-6 women. The groups can be pre-assigned, or can form on the first meeting day. In your small group prayer time, you will encourage each woman to share sentence prayer requests and to pray short, simple, sentence prayers over each request of others in her group. Enter prayer time in a reverent spirit.

Prayer Time Guidelines

1. Sit closely together in small groups of up to six women.
2. Each person prays for each request.
3. Pray one sentence prayers.
4. Please keep your prayer requests limited to yourself and your immediate family. While we realize that prayer for our extended family and friends is very important, our conference prayer time together is limited.
5. Please remember that what you discuss in your prayer time is private. The requests lifted up in prayer groups must be kept confidential within the group.

We hope that you feel comfortable in sharing yourself with the group. It is our desire that the atmosphere in the prayer groups will be loving, open, and accepting.

In general, we will try to follow the “Six S’s for Prayer Time” as outlined by Evelyn Christenson in her book entitled, *What Happens When Women Pray*.

The six “S’s” for prayer time

1. Subject by Subject – each person pray over one subject
2. Short Prayers – one sentence
3. Simple Prayers
4. Specific Prayer Requests
5. Silent Periods are okay!
6. Small Groups- not more than 6 persons

These are suggested guidelines. Remember, the goal is for everyone to be comfortable praying. The only caution is that the group stays focused on praying for each prayer request and avoids too much discussion about the request. Prayer time together is a vital part of our groups. We look forward to all that God will do in it and through it. After your group has finished praying, if time permits, allow the women to talk very quietly. Remember to whisper until all the groups have finished praying.